



It's exciting that you would like to help parents with children in the Newborn Intensive Care Unit to celebrate the birth of their babies. They GREATLY appreciate all your love, concern and efforts. By your service, you are helping them to better cope with their situations.

The following are some suggestions for service that can be successful for individual or groups (schools, Girl Scouts, church, Eagle Scout projects, etc). All ages can participate. Please feel free to come up with ideas of your own and be creative.

Thank you!

## Common Bonds: A Parent Network of IHC

*We appreciate any donation that you are willing to make. For the health of our babies, we kindly request that all donated items be new.*

### **NICU:**

Baby Bracelets

Baby Toys

Bath Kit Items (baby lotion, shampoo, baby wash, wash cloth, powder)

Bibs\*

Burp Cloths\*

Cellophane Gift Bags (approximately 5x11")

Grooming Kits (hairbrushes, fingernail clippers, emery boards)

Hair Bows

Holiday Gifts (see following page for ideas)

Hooded Towels\*

Outfits/Onesies (preemie or 0 month up to 9 months)

Parent Survival Kit Items (Extra gum, trial size hand sanitizer, purse size tissue pack, fun size candy bars - Crunch, Almond Joy, Snickers, Pay Day, Tootsie Roll, 100 Grand, individually wrapped crackers - like Austin Crackers - pens, 3x3 post-its)

Quilts\*

Receiving Blankets\*

Scrapbook Supplies (for weekly scrapbook class for moms. 12x12 paper, embellishments, ribbon, etc)

Small Stuffed Animals

Snacks (prepackaged)

Socks/Booties

### **Antepartum (Mothers on hospital bed rest)**

Body Wash

Books or Books on Tape

Craft Kits (cross stitch, needle point, etc.)

Fancy Pens

Journals

Loofahs

Lotion

Magazines

Nail Polish

Puzzles

Scrapbook Supplies

Shampoo & Conditioner

Snack Items (microwave popcorn, candy bars, gum, etc.)

Stationery

Thank You Cards

Any Pampering Items

## Special Holiday Gifts

**Families really enjoy receiving fun gifts around holidays. If you would like to make a holiday gift for the unit, we kindly request that you make about 50 items so we have enough for everyone. We must ask that any food items donated be store bought. Thanks!**

VALENTINES: bags of kisses & hugs, conversation hearts, Valentine stuffed animal

ST. PATRICK'S: chocolate gold coins/Nestlé treasures, green & white mints in cellophane bags - "Lucky to have you!"

SPRING/EASTER: filled eggs, small stuffed animals (bunnies, chicks, lambs, ducks), jelly beans in a bag

MOTHER'S DAY: homemade cards, books about motherhood, little bags of candy, lotion, cookbooks, chocolate, any pampering items, etc.

FATHER'S DAY: beef jerky, 100 Grand candy bars, nuts - "Dad- I'm NUTS about you!" trail mix, Dad's First Aid Kit (for car, boat, shop, etc.), paint cans with goodies - "My dad CAN\_\_\_\_", small twig fishing poles - "I'm hooked on you Daddy", cellophane bags with gummy dinosaurs - "You're a DINO-mite dad!"

SUMMER/4th OF JULY: flags, stars, red-white-and blue candy in a bag

FALL: Fall themed gift items

HALLOWEEN: treat bags, mini pumpkins, pom pom spiders or pumpkins, any Halloween candy (stick with positive cute Halloween items, not morbid ones)

THANKSGIVING: turkeys, candy corn in bags, pilgrims/Indians, popcorn

WINTER: snowmen, hot cocoa or cider

CHRISTMAS: angels, reindeer, gingerbread, wreaths, trees, stars, candy canes, stockings, ornaments, holiday candy, Santa

**PLEASE FEEL FREE TO BE CREATIVE!**